



God Gives His People Food

This story is based on Exodus 16:11-18; Numbers 11:7-8.

God's people were walking to a new land. They walked across a hot desert. No food would grow in the desert sand, and the people had run out of the food they brought with them.

Moses was the leader. The people told Moses how hungry they were. The daddies and the mommies were hungry. All the children were hungry. *(Rub stomach.)* The people asked, "Where can we get food?"

God told Moses, "In the evening, I will send meat. In the morning, I will send bread."

That evening, God sent birds called quail. *(Point to a bird.)* There was meat for everyone. *(Say "Yum, yum!")*

Every morning, God sent bread. The people found it on the ground. The people put the bread in their baskets. Everyone had enough to eat. *(Say "Yum, yum!")* And everyone was happy.



Family Time

Spend time one-on-one with your preschooler or include your entire family in these activities that help you revisit the Bible lesson for this week.

Little Chefs

Prepare a salad together this week. Let your preschooler tear lettuce or drop cut-up vegetables into the salad bowl.



On the Go

Keep a little snack in your car as you travel this week. Take some time to stop and eat a snack when your child gets hungry. Remind your child that God gives us food wherever we are.

Sweet Dreams

During a bedtime story, look for the food that is mentioned or shown in the stories. You could also play an “I Spy” game to look for specific food.

Bible Time

Use these Bible activities during family devotions or special Bible times you have with your preschooler.

In God's Book

Act out the Bible story as a family. For an extra special story retelling, tear a roll or piece of bread into little pieces for your child to collect. Use stuffed animals as the quail.

Let's Pray

Let your child draw or glue pictures of food on a paper plate. Point to each piece of food as you thank God for giving you food to eat.



LESSON FOCUS:

God gives us food.

BIBLE MEMORY VERSE:

God will meet all your needs. Philippians 4:19