

Lesson 2

Starting Steps



Faith Activities for Families with Toddlers

Starting Steps is for families to use at home. It encourages you in your faith-journey and parenting. Use the ideas here and on the *Starting Steps* calendar throughout the week to extend and reinforce what your child learned.

At This Age

With all the wiggles and squirms in a two year old, is it possible to have a devotional time with your child? As you plan, take into account your child's characteristics. Don't try to do an "adult" type of devotional. Keep it short. Actions, bright colors, or noise may help catch your child's attention. Here are some devotion suggestions:

- Tell a short Bible story using actions and different voices.
- Sing a Christian song with accompanying actions.
- Memorize a short verse, such as "Praise the Lord" (Ps. 111:1), by saying it standing up, sitting down, loudly, and softly.
- Use a Bible storybook written for toddlers or preschoolers.

Time with God

Exodus 3:7 states, "I have indeed seen the misery of my people in Egypt. I have heard them crying out because of their slave drivers, and I am concerned about their suffering." Three phrases in this verse—"I have indeed seen," "I have heard," "I am concerned"—describe part of God's character to us.

God does see you and your circumstances. He does listen to your prayers and your hopes and fears for your child. He does feel compassion for you when you make mistakes or are in difficult circumstances.

Know that God always sees you, hears you, and is concerned about you. You are never alone.

Toddler Tickler

No Time Like the Present

After a long morning of shopping, I took my two daughters to a restaurant for lunch. After two-year-old Jessica had finished her meal, I asked her if she would like an ice cream sundae. "No!" she replied. "I'd like the ice cream now!"



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Time with Your Toddler

God Gives Us Food based on Exodus 16:11-18

The Bible story “God Gives Us Food” was taught in Sunday school today. Read the story from here and Bible storybooks many times—toddlers like and need repetition to learn.

Some people were very hungry.

(Rub your tummy.)

They didn't have any food to eat.

(Shake your head no.)

God gave the people special bread to eat.

(Pat your tummy.)

Every day the bread came from the sky.

(Wiggle fingers to represent rain falling.)

God gave the people food.

(Pretend to eat.)

God gives us food.

(Clap and say, “Thank You, God.”)

These questions can be used to help your child review the Bible story.

1. What did God give the people? (Food)
2. Who gives us food? (God)



Look what I made!

During craft time your child painted with string. You may want to ask, “How did you paint these lines?” to find out more about your child’s masterpiece.